

# The Journey In The Classroom

## The Journey Pilot Programme in Schools in Kwa-Zulu Natal

The Journey Pilot Programme in Schools began with one school teacher in one school. Jayshree Mannie, who is now the Ambassador for Journey Outreach South Africa, is an accredited Journey therapist. As a teacher, Jayshree knew that the children in her class could benefit from the Journey as much as she did. She developed a method for the whole class to undergo the Journey process one on one and in a group. Her love for children gave birth to an informal pilot study. She kept detailed notes on all the students in her classes. One class received a Journey process every week. One class received occasional Journeywork and the other class did not undergo any Journeywork at all.

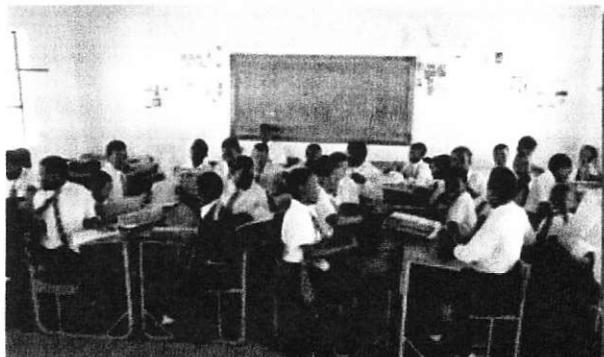
The results were astounding! At the end of the year, the class who received no Journeywork at all were averaging a 67 percent pass rate. Those who underwent occasional Journeywork were averaging 76 percent pass rate and those who received regular journeys – once a week – were averaging an amazing 91 to 93 percent pass rate. By clearing out their emotional issues, the children had more energy and attention to let their own natural potential shine through, and it was reflecting in their academic results!



Obviously, with results like these, the Journey in South Africa has been keen to take Journeys in the Classroom further. Thankfully, our negotiations with the Kwa-Zulu Natal Education Department have proved successful. Not one, but three successive ministers for Education have embraced the Journey process, with Mr Narend Singh opening a public Journey Workshop and the launch of the Journey Pilot Programme in Schools in March with an inspiring speech about the need for approaches like the Journey in South African schools.

Since March, forty school teachers from eight schools have attended a training programme to empower them to use the Journey in their classroom. The pilot schools represent a broad cross-section of South African children and is being undertaken in partnership with the Department of Education Kwazulu Natal. Statisticians from the University of KZN, Dr. N.Gopal, will monitor and analyse the statistical results of the programme. If, at the end of year, the same or similar results are achieved in the pilot schools, the Minister has said that he hopes to implement the program in the whole of Kwa-Zulu Natal.

Japisa Mali, Head of Psychological Services, Gauteng Department of Education, has attended the Journey Intensive in March 2004 with Brandon Bays and has embraced this programme wholeheartedly. Japisa says, "I've found peace that no one can take from me – I am motivating it to be part of all school programmes – and for my colleagues and



government ministers to come and experience it for themselves.”

With the vision and assistance of Japisa, Gauteng will soon be a part of the Journey Programme which is revolutionising the face of education in Kwazulu Natal.

And it is not just about academic results. When we visited one of the Pilot Schools to meet the teachers who had begun the Journey training, the deputy principal began introducing us to some of the children whose progress they would be documenting. “This boy watched his dad being shot dead in front of him,” he said, “This girl was raped when she was nine”. “These twins are homeless.” The stories went on. The difference that the Journey can make to these children, helping them to clear out their pain and get on with their lives, is enormous.



And, seven weeks into the programme, the results thus far have been amazing! The educators are astounded at the power of the Journey in the classroom. “The learners are shining like diamonds!” said one teacher. Another went on to explain how deep emotions which were holding them back previously, were being released which empowered the children and “made them feel lighter and happier.” Yet another school, which had many discipline problems is now using the Journey as a form of alternative discipline.

One courageous school invited all the parents to a school meeting to explain the programme the children would be involved in and then the educators decided to take the parents on a Journey! 120 initially dubious parents went through a Journey group session and the educators were brought to their knees to see the pain in the parents themselves. Thirty minutes later, the understanding of the programme was clearer and the parents unanimously decided to “go for it!”

To sum up the education programme, as one little girl of 9, Sanelesiwe said “ I want to help my country be a diamond because I am a diamond. See, I am shining!”

It is our fervent prayer that the Journey helps children liberate their shining potential across the globe! Hence, SA is creating a blueprint for the rest of the world.

To find out more about The Journey and the work in South Africa, you can visit the website at [www.thejourney.com](http://www.thejourney.com)

**Discover how you too can Liberate your Child’s Shining Potential!  
with The Journey for Kids book by Brandon Bays**

The Journey for Kid’s is an exciting, inspiring how-to book for parents and anyone who cares about children. It offers practical tools for partnering your child in liberating their innate genius, letting their natural abilities shine and their spirits soar. With simple user friendly techniques you can help children clear both emotional and physical challenges.

Call the Journey Office at (973) 680 0271 for more information our upcoming “Liberating Your Child’s Shinning Potential” Workshop designed for Parents and Caregivers. Our next event is schedule for May 7<sup>th</sup> in NJ 2005.